



TheraPete™ Hand Therapy

Wrist Strap self-loosens!

Soft Hand Shield Opens

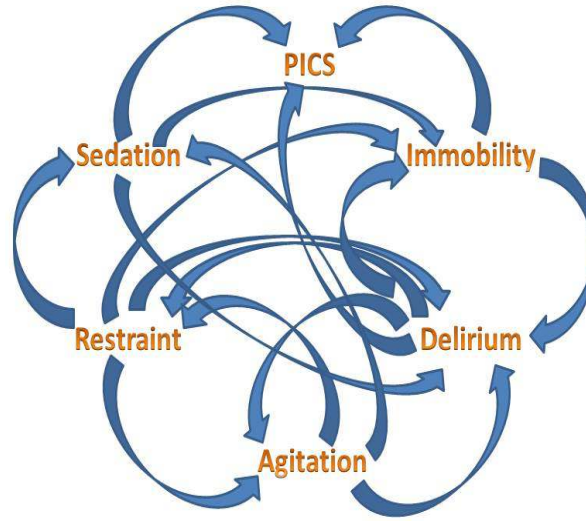
Soft Hand Rest

Lightweight

Adjusts to Arm Length

Easy On/Off

No Bed Tie>Exercise Bed
Strap>Restraint Strap



SPIDAR web.©

Sedation

PICS

Immobility

Delirium

Agitation

Restraint

Healthy Design

EXERSIDES™



Minimum Restraint

Maximum Safety

www.Exersides.com

Exersides™

Meet your goals!

Safe patient mobility

Better Family/Patient/Staff
Interaction & Satisfaction

Innovation/Recognition
for your institution

RNs Titrate Restraints!

Which Patients?

- Intubated Patients
- TBI/NeuroICU/LTACH
- Surgical ERAS
- Pediatric Patients
- Confused patients

Exersides™

Contact: hello@Exersides.com

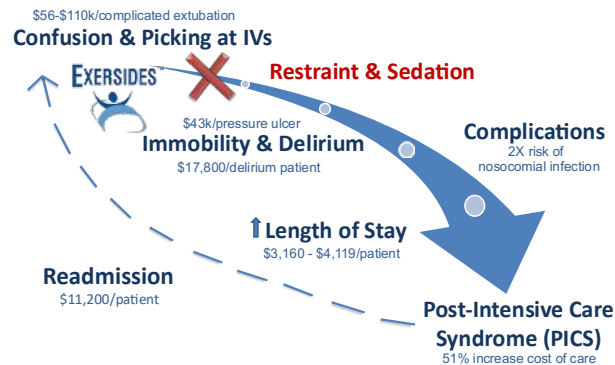
Visit: www.Exersides.com

for **Videos, QVAC packet,
References & more!**

Made *by* and *for* ICU staff
Be Part of the SOLUTION!

🏆 Great QI Project 🏆

*Lead this advancement for
your hospital and patients!*



@ExersidesICU

Exersides™

Designed for:

Least Restraint Necessary
★ PADIS & CMS guidelines ★

SUPER EARLY MOBILITY

DELIRIUM PREVENTION™

Sedation Minimization

Encourage secretion
clearance & gut motility

Mobility without staff

Accessibility to FSGs, p.o.x
hand IVs, cuffs, A-lines

TheraPete™ for hand/finger
dexterity, strength, comfort

ABCDEF & PICS friendly